



At the end of the lesson, the student will be able to:

* explain the nature of human desire; express their opinion on why some people are never contented with what they have; talk about how to be happy in one's current life status.



Read the Article

Suppose you did the work you love, didn't have any debt, could afford a comfortable vacation, and were rich enough to move into a bigger house. Could you be happy under those circumstances? You might say yes, but most people would probably still feel dissatisfied in a short time. No matter how much we have, we usually want more. That is the nature of endless desire.

Why are people continuously unhappy with their earthly lot? First, we are always comparing ourselves with others. We are dying to know how much our neighbors, friends, and relatives have, where they live, what they drive, what they wear, and how they spend their vacations. It is always easy for us to fantasize about how easier life would be if we only had a little more money. Second, the mass media feed us falsely glamorous notions about the world, how the beautiful people live their lives of such luxury and ease, and we want the same. So we are never satisfied with what we have, no matter how comfortable we may actually be; we are all like mosquitoes flying into the flames.



Let's Talk

1. What is the nature of our desires?
2. Why can't we be satisfied with three meals a day?
3. How can we free ourselves of excessive greed?
4. Do you want to be gorgeous? Why or why not?
5. Do you want to be rich? Why or why not?
6. Do you want to be famous? Why or why not?
7. Do you want to know everything? Why or why not?
8. Do you want a big house? Why or why not?
9. Do you want a big car? Why or why not?
10. Are you happier when you think you have a lot of money, a bigger house, or a more expensive car than your peers?
11. Is being rich good or bad?
12. If you had everything you wanted, what would you do then?