



Human studies on the effect of **acupuncture** on the **immune system** of cancer **patients** showed that it improved immune system **response**. The strongest **evidence** of the effect of acupuncture has come from clinical trials on the use of acupuncture to **relieve nausea** and **vomiting**. Several types of clinical trials using different acupuncture methods showed acupuncture reduced nausea and vomiting caused by chemotherapy, **surgery, and morning sickness**.



**Acupuncture**



**Vomiting**



**Chemotherapy**

**Response:**

- 1. What can acupuncture do to the immune system?**
- 2. What are the strongest evidence of the effect of acupuncture?**
- 3. Is acupuncture famous in your country? Why / why not?**

**Express Yourself:**

- 1. Would you consider acupuncture as a tested and proven medicine? Why?**
- 2. Do you really think those small needles can really cure illness?**
- 3. Some people say if the doctors can't cure you, faith healers can.  
Do you think the same thing too? Why / why not?**
- 4. What can you say about those people who believe in faith healers?**