

Discussion Questions***Topic Talk***

1. Define the following words: *cardiovascular*, *associated*
2. Who were compared in the study?
3. What was said to be the effect of eating up to two bars of chocolate a day?
4. What is the most popular health benefit of chocolate?

Express Your Thoughts

1. Do you like chocolate?
2. Do you include chocolate in your healthy eating habit?
Why? Why not?
3. Do you agree with the discovery in the study? Why? Why not?
4. What foods are associated to cardiovascular diseases?